

100 % PURE PUMPKIN SEED OIL

SPECIAL COLOUR - UNIQUE TASTE - ENJOY TRADITION

PRODUCT DESCRIPTION

100 % pure pumpkin seed oil is made out of the valuable and tasty hull-less grown pumpkin seeds (variety: Cucurbita pepo var. styriaca). The unique quality and the specific character are achieved by traditional manufacturing processes combined with the oil millers expertise and handcraft. Pumpkin seed oil supports a healthy lifestyle, free from artificial additives or allergens. Produced in Austria, 100 % European hull-less grown pumpkin seeds, available in first-class conventional and organic quality.

DIETARY ATTRIBUTES

- Free from allergens
- Free from added artificial colourings, flavourings and preservatives
- Free from GMOs (genetically modified organisms)
- Rich in essential fatty acids and vitamin E
- Suitable for vegans and vegetarians
- High in protein

BENEFITS

- Pumpkin seed oil is a great source of essential, unsaturated fatty acids: mainly oleic and linoleic acid.
- Antioxidative effects based on a high vitamin E content.
- Contributes to a healthy life style.

USES

- Delicious on salads and soups.
- Add it to dips or spreads.
- Use it as topping on ice cream and desserts.

PACKAGING

- 100 ml, 250 ml, 500 ml, 1000 ml in glass bottles
- 5 liter, 10 liter, 20 liter canister
- 1000 liter IBC

NUTRITION FACTS	Quantity per 100 ml	Serving size:
		2 tablespoons (10 ml)
Energy (kcal)	828	83
Energy (kJ)	3404	340
Fat	92	9,2
Carbohydrates	16	1,6
- Sugars	0	0
Dietary Fiber	0	0
Protein	0	0
Salt	0	0
Vitamin E	0	0

INGREDIENTS: Pumpkin seed oil.



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The Pumpkin Seed Company



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