# PUMPKIN SEED PROTEIN POWDER

NO ALLERGENS - HIGH PROTEIN - BEST PERFORMANCE

#### PRODUCT DESCRIPTION

Pumpkin seed protein powder is made of the valuable and tasty hull-less grown pumpkin seeds (variety: Cucurbita pepo var. styriaca). The roasted and de-fatted seeds are milled into this highly digestible and nutty tasting protein. Pumpkin seed protein provides all amino acids as well as the wide variety of minerals and trace elements found in pumpkin seeds.

Pumpkin seed protein powder supports a healthy lifestyle, free from artificial additives or allergens. Produced in Austria, 100 % European hull-less grown pumpkin

## **DIETARY ATTRIBUTES**

- Free from allergens
- Free from added artificial colourings, flavourings and preservatives
- Free from GMOs (genetically modified organisms)
- Suitable for vegans and vegetarians
- High in protein
- High in fiber

## **BENEFITS**

- Pumpkin seeds are a good source of healthy oils, magnesium, potassium, calcium and other nutrients that enhance the health of the heart and bones.
- They contain a lot of antioxidants, sterols, squalene and tocopherols and therefore support a healthy lifestyle.

### **USES**

- Tasty additive to smoothies, protein shakes, yogurt, cakes and cookies.
- Add pumpkin seed protein powder to breads, muffins and pancakes.

## PRODUCTS AND PACKAGING

- Flour/Powder 0"-0.08", 25 kg paper bags, 1000 kg FIBC

NUTRITION FACTS	Quantity per 100 g	Serving size: 2 tablespoons (32 g)
Energy (kcal)	347	111
Energy (kJ)	1462	468
Fat	10,6	3,4
Carbohydrates	2,5	0,8
- Sugars	2,5	0,8
Dietary Fibers	13,8	4,4
Protein	60,4	19,3
Salt	2.0	0.64

INGREDIENTS: Pumpkin seeds, salt.





















